

Exemplary Osteopathic Healthcare

Enlightened approach to relieving pain

beacon
osteopathy



Maintain a healthy life... by calling Diane Kheir

Tel: 01494 880649

Mob: 07730 395700

www.beacon-osteopathy.co.uk

Phone **Diane Kheir** BSc(Hons), Ost Med,
Registered Osteopath, Naturopath,
Core Stability and Pregnancy related
pain specialist, if you are suffering from:

- **Neck pain**
- **Back Pain**
- **Sciatica or trapped nerve**
- **Headaches or migraines**
- **Pregnancy related pain**
- **Sports injury**
- **Hip, knee or ankle pain**

Diane also specialises in Cranial Osteopathy for babies and adults, evening, early morning, weekend and home visit appointments available. Recognised by all major insurance companies including BUPA/PPP.

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42 Aylesbury End,
Beaconsfield,
Bucks HP9 1LP

The Cedar Clinic,
28 West Street,
Marlow, SL7 2NB

Diane Kheir offers the following for anyone suffering from pain:

- **Assessment of all factors contributing towards your symptoms**
- **Treatment directed at the causes of your pain including massage, mobilisation and manipulation (if appropriate)**
- **Postural advice and instruction**
- **Core stability advice and instruction**
- **Lifestyle assessment and advice and tuition**

Diane also offers workshops dealing with Posture, Back Pain, Osteoporosis and evening pilates classes.

£60 consultation fee
(including treatment)

£45 follow up fee

Cranial treatment for babies £45

Pro-active living made easy!